



Age Division Changes Beginning Fall 2018 for Recreational Soccer

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VP, St. Mary's Recreational Soccer

6/25/18



What and Why

1. What is Changing/Not Changing?
 - Birth year Registration will continue (Jan 1-Dec 31)
 - Divisions will be Structured as:
 - KK, U6, U7, U8, U10, U12, U14, U18
 - Details regarding guidelines for each division in following slides
2. Why are we changing?
 - These changes will help us to align with the guidelines established by US National and US Youth Soccer

Birth Year Registration



	KK*	U6	U7	U8
2018-19 Season	Born in 2014 / 2015 (Jan1, 2014 – June 30, 2015)	Born in 2013	Born in 2012	Born in 2011

	U10	U12	U14	U18+
2018-19 Season	Born in 2009 / 2010	Born in 2007 / 2008	Born in 2005 / 2006	Born in 2004-2001 & 2000's born after Aug 1

* KK extended by 6 months to increase player participation

+ U18 extended to allow eligibility for those students still in High School

Basic Divisional Standards



	U6	U7 & U8	U10	U12	U14	U18
Field Size Range (yards)	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 55-65 Width 35-45	Length 70-80 Width 45-55	Length 110-120 Width 70-80	Length 110-120 Width 70-80
Ball Size	3	3	4	4	5	5
Players	4v4 No GK	4v4 No GK	7v7 GK	9v9 GK	11v11 GK	11v11 GK
Game Time	4x10 5 min between	4x10 5 min between	2x25 10 min Half	2x30 10 min Half	2x35 10 min Half	2x35 10 min Half
Offside	No	No	Yes	Yes	Yes	Yes
Build out line	N/A	N/A	Yes	No	No	No
Heading	No	No	No	No	Yes	Yes

4v4 Standards for U6-U8



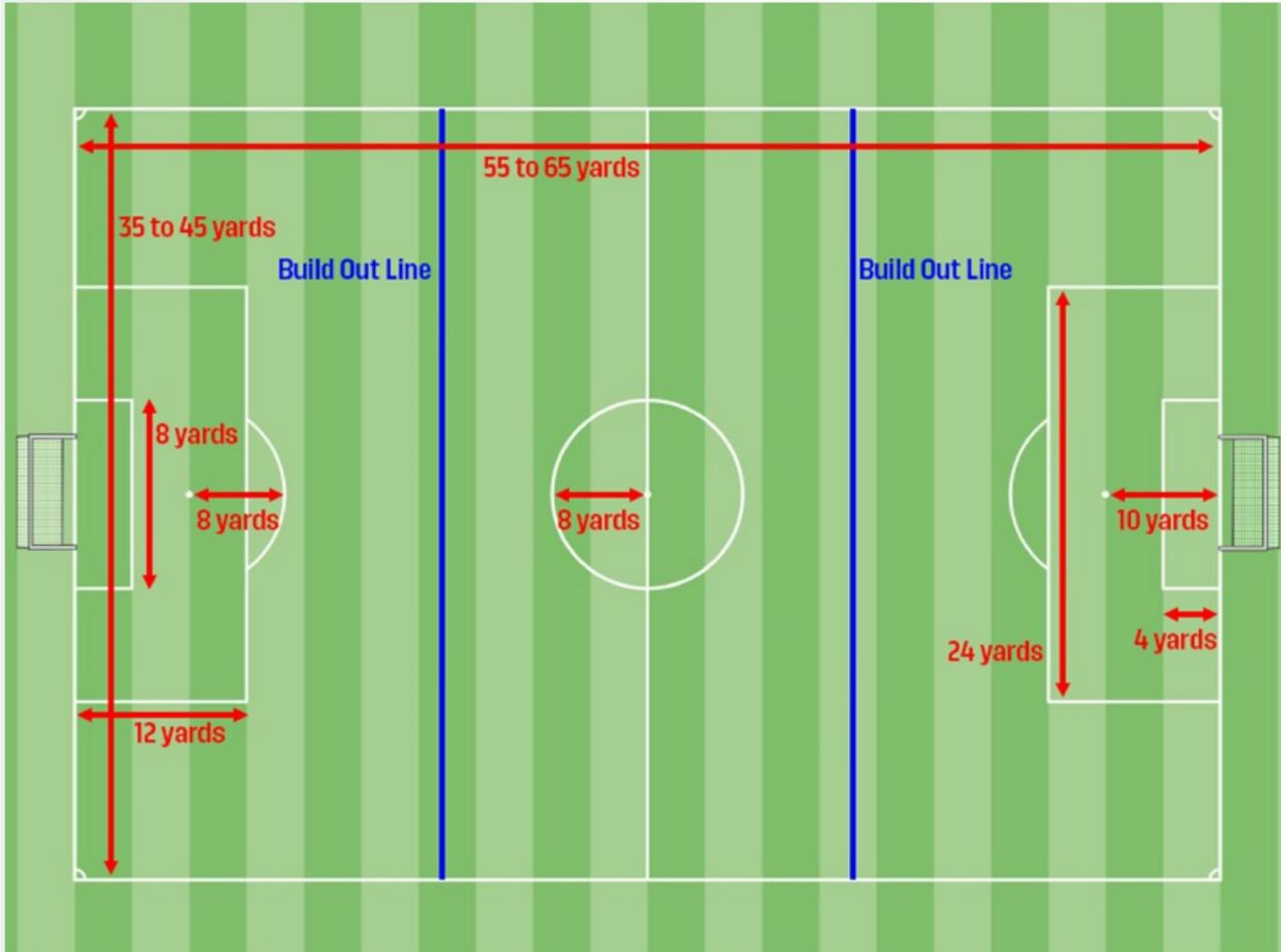
1. Everyone should participate a minimum of 50% of the time
2. Heading is not allowed
 - If a player heads the ball in a game, whether deliberately or accidentally, an indirect free kick is awarded to the opposing team from the spot of the offense
3. Game time is 4 quarters of 10 min duration with 5 min breaks between
4. Kickoffs, free kicks (all indirect), throw-ins, goal kicks and corner kicks are used to start or restart play
 - Opponents should be >10 feet away on all restarts
 - No Penalty kicks
5. No Offside
6. No Goal Keepers
7. No Referee's
 - Parents and Coaches are expected to create and promote a Positive, Fun and Safe environment for players

7v7 Standards for U10



1. Everyone should participate a minimum of 50% of the time
2. Heading is not allowed
 - If a player heads the ball in a game, whether deliberately or accidentally, an indirect free kick is awarded to the opposing team from the spot of the offense
3. Game time is 2, 25 min Halves with 10 min Halftime
4. Players
 - 7v7; 6 field players and 1 GK
 - Minimum of 5 players per team must be on the field to start or continue play
 - Substitutions are unlimited and can occur at any stoppage
5. Goal Keepers are introduced
 - Build out Line is in effect
 - The build out line promotes playing the ball out of the back in a less pressured setting
 - A detailed presentation of the Build out line is available
6. Start, Restart and Stoppage of the game fall under the Standard Laws of the Game and can be found at the following link: <https://www.fifa.com/development/education-and-technical/referees/laws-of-the-game.html>
7. Offside rule is in effect
 - An animated explanation of the offsides rule can be found at the following link: <http://www.dynamic-thought.com/Offside.swf>

7v7 Recommended Field

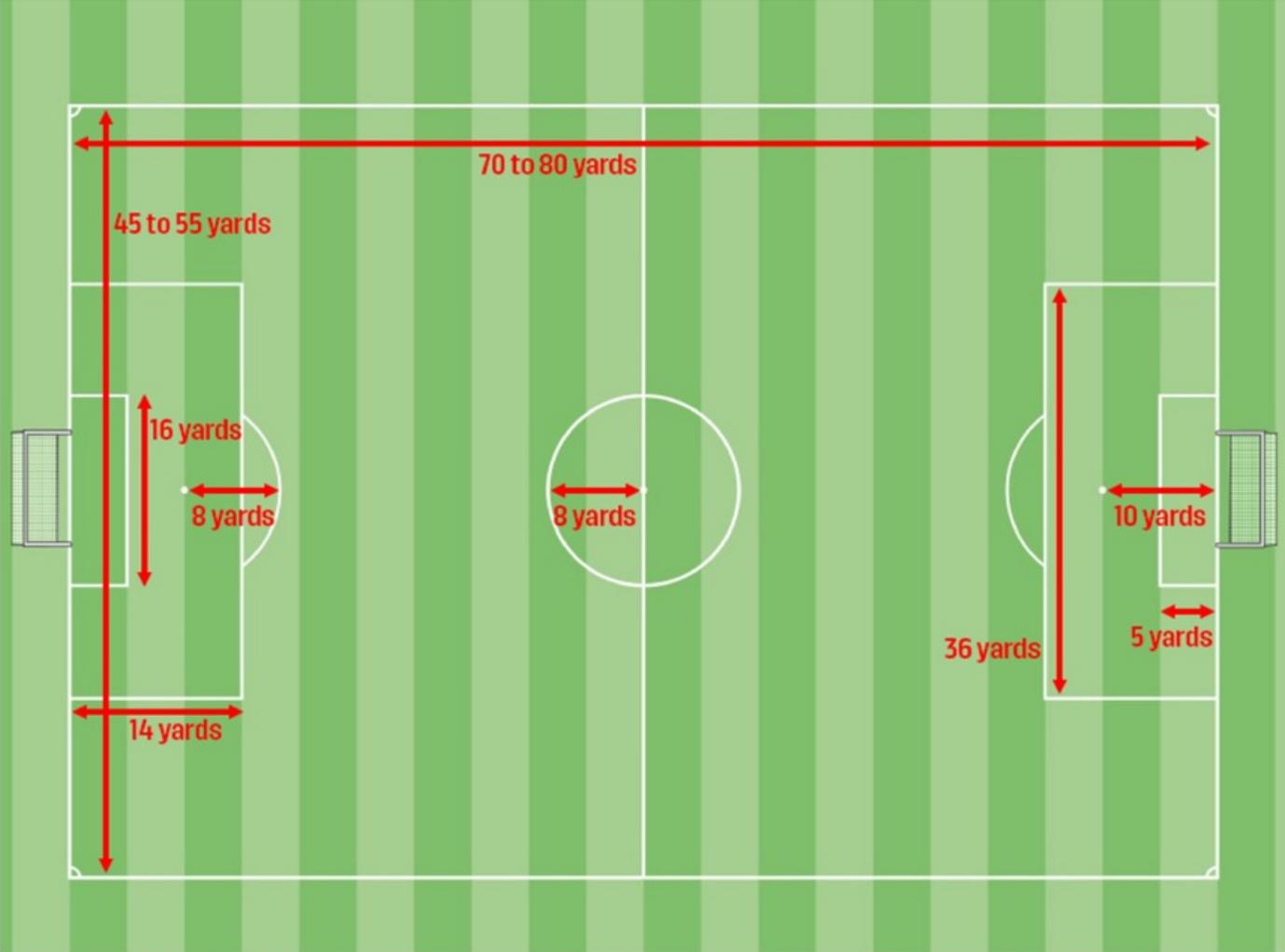


9v9 Standards for U12



1. Everyone should participate a minimum of 50% of the time
2. Heading is not allowed
 - If a player heads the ball in a game, whether deliberately or accidentally, an indirect free kick is awarded to the opposing team from the spot of the offense
3. Game time is 2, 30 min Halves with 10 min halftime
4. Players
 - 9v9; 8 field players and 1 GK
 - Minimum of 6 players per team must be on the field to start or continue play
 - Substitutions are unlimited and can occur at any stoppage
5. Start, Restart and Stoppage of the game fall under the Standard Laws of the Game and can be found at the following link:
<https://www.fifa.com/development/education-and-technical/referees/laws-of-the-game.html>
6. Offside rule is in effect
 - An animated explanation of the offsides rule can be found at the following link:
<http://www.dynamic-thought.com/Offside.swf>

9v9 Recommended Field

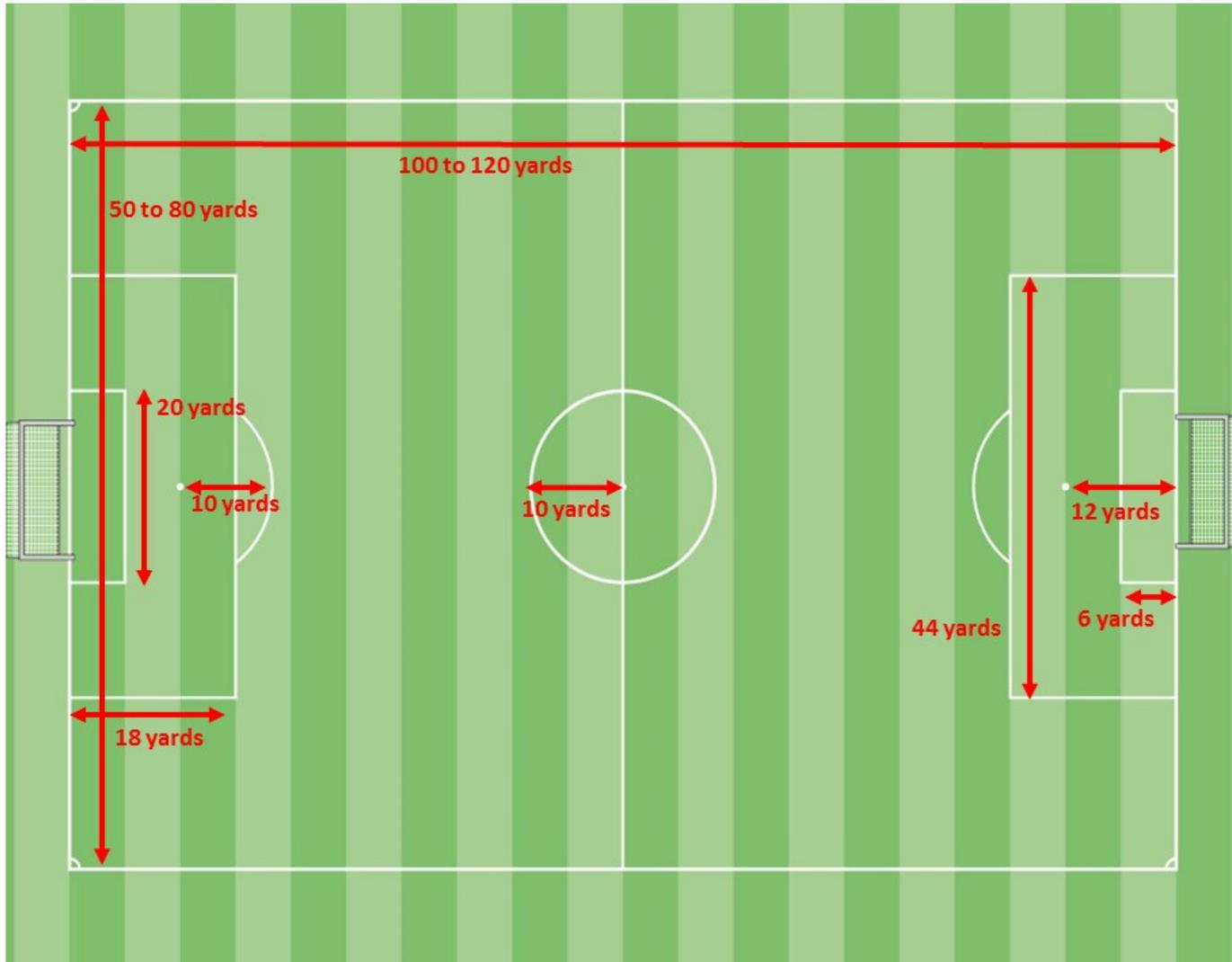


11v11 Standards for U14, U18



1. Everyone should participate a minimum of 50% of the time
2. Heading IS allowed
3. Game time is 2, 35 min Halves with 10 min halftime
4. Players
 - 11v11; 10 field players and 1 GK
 - Minimum of 9 players per team must be on the field to start or continue play
 - Substitutions are unlimited and can occur at any stoppage
5. Start, Restart and Stoppage of the game fall under the Standard Laws of the Game and can be found at the following link:
<https://www.fifa.com/development/education-and-technical/referees/laws-of-the-game.html>
6. Offside rule in effect
 - An animated explanation of the offside rule can be found at the following link:
<http://www.dynamic-thought.com/Offside.swf>

11v11 Recommended Field





- In Recreational Youth Soccer, we care more about the number of players you develop than the number of games you win. Parents and Coaches, please help us focus on this effort.

Positive, Fun and Challenging!

-Rick Watts

VP, St. Mary's Recreational Soccer



Questions?

- Your league representatives are eager to help answer your questions, please feel free to contact us.
 - Angel Summers (Registrar)
 - registrar@stmaryssoccer.org
 - JJ Lallande (Rec Member At-Large)
 - rec1@stmaryssoccer.org
 - Kenny Crim (VP, Rec Soccer - North)
 - vp_rec_north@stmaryssoccer.org
 - Rick Watts (VP, Rec Soccer - South)
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